



1st Symposium on Therapeutic hypoxia and altitude for healthy brain aging and mental health



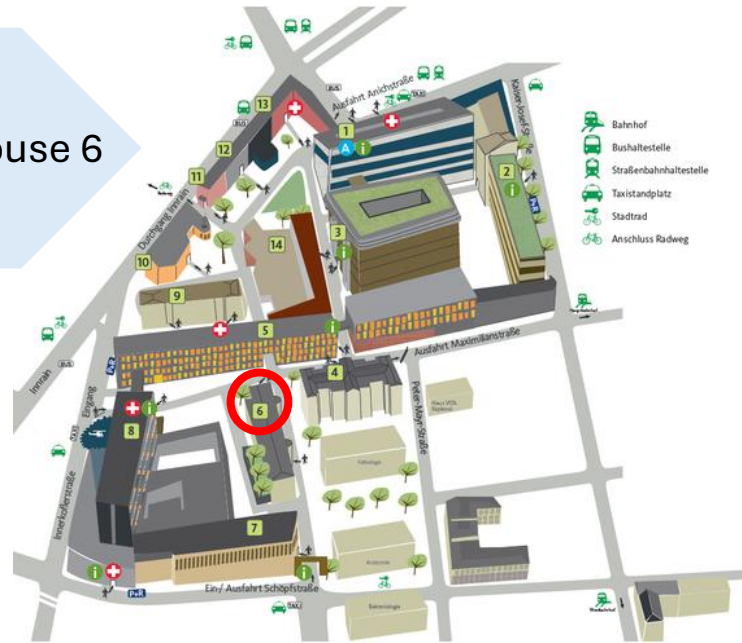
Venue: Medical University of Innsbruck
Lecture Hall in the Psychiatry Building, House 6
Date: October, 22nd 2026

Participation is free, registration recommended!
(Johannes.Burtscher@i-med.ac.at)

Local organization committee:

Johannes Burtscher, PhD, Dr. Julia Schneider,
Dr. Evelyn Romina Pircher Noeckler, Prof. Katharina Hübner

Psychiatry II, Medical University of Innsbruck, Austria



Program

Time	Speakers	
12:45	Opening ceremony	Patrizia Stoitzner , Vice-Rector for Research and International Affairs, Medical University of Innsbruck Katharina Hübner , Head of the Psychiatry II, Innsbruck Martin Kopp , Former Dean of the Faculty of Psychology and Sport Science of the University of Innsbruck
13:00	The study of hypoxia responses and the terraXcube	Hannes Gatterer , ITA
13:30	Intermittent hypoxia to promote metabolic health	Tobias Dünwald , AUT
14:00	Hypoxia as a therapy	Erich Hohenauer , SUI
14:30	Coffee break	
15:00	Cerebral oxygenation and performance in hypoxia	Ayoub Boulares , FRA
15:30	Hypoxia Conditioning in Alzheimer's disease	Zoya Serebrovska , UKR
16:00	Hypoxia conditioning and exercise in geriatric people: the KAYH study	Gerhard Eschweiler , GER
16:30	Break	
16:45	Hypoxia as non-pharmacological treatment option in neuropsychiatric diseases	Hannelore Ehrenreich , GER
17:15	Cognitive training under moderate hypoxia to promote neuroplasticity and cognitive functions in healthy individuals and mood disorders: the ALTIBRAIN study	Viktoria Damgaard , DEN
17:45	Therapeutic hypoxia in Parkinson's disease: the TALISMAN study	Jules M Janssen Daalen , NED
18:15	Break: Apéro	
18:45	Breathing Beyond Limits: The Impact of Intermittent Hypoxia and Exercise in Older Adults	Alba Camacho-Cardenosa , ESP
19:15	Hypoxia: A Therapeutic Swiss Army Knife? Insights from Bone Metabolism	Marta Camacho-Cardenosa , ESP

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